

HYSTEROSALPINGOGRAM (HSG) INSTRUCTIONS

A **hysterosalpingogram** is an x-ray examination used to outline the shape of the uterine cavity and the fallopian tubes. This test helps us detect damaged or blocked fallopian tubes, polyps or fibroids within the uterine cavity, as well as other abnormalities. During the procedure, x-ray contrast (“dye”) is slowly injected by the physician through the cervical canal into the uterus. X-ray films are then taken from the outside of the body. The radiation exposure is low and similar to a GI-series. Menstrual-like cramping, which is sometimes severe, can occur for a short time. Most patients prefer to be driven home by a relative or friend after the procedure.

The HSG is usually performed between the 6th and 11th day of the cycle (after menses has finished but before ovulation). In many cases you can have the HSG done during a cycle of infertility treatment, although it’s best to check first with your coach or doctor. **PLEASE NOTE: Make sure to avoid intercourse from the onset of your menstrual period until the time of your HSG**, and inform the radiology office of this if you are asked. Most radiology centers will not perform your HSG if you have had unprotected intercourse since your period began.

Please follow these instructions:

1. Call the radiology group where the X-ray is to be scheduled when you have your menses. If this occurs after 5 PM or on the weekend, call during normal business hours. Some local radiology groups include:
 - **The University Radiology** (multiple locations): (800) 758-5545. Online scheduling is available on their website.
 - **JFK Medical Center, Outpatient Radiology Group**: 65 James Street, Edison, NJ: (888) 535-6762
 - **New Jersey Imaging Network**: 800-930-6759 Edison, Menlo Park, Cranford, Union
 - **Princeton Radiology**: Call 609.921.8211 Princeton and Lawrenceville. Online scheduling is available.
- PLEASE NOTE:** MAKE SURE THAT THE RADIOLOGY CENTER IS A PARTICIPATING PROVIDER WITH YOUR INSURANCE CARRIER. IF YOUR INSURANCE COMPANY REQUIRES THAT HSG BE PRE-CERTIFIED, PLEASE REMIND OUR OFFICE STAFF OF THIS AS SOON AS POSSIBLE. ONCE THE PROCEDURE IS SCHEDULED PLEASE CONTACT US TO LET US KNOW THE EXACT DATE THAT IT WILL BE PERFORMED.
2. **Pelvic infection** as a result of this procedure is very uncommon; however, an antibiotic will be prescribed to reduce the chance of this happening to you. The doxycycline prescription consists of six pills. Take one pill in the morning and one at night beginning the morning of the day **before** the X-ray is scheduled. Continue one pill twice daily for 3 consecutive days. If you are allergic to doxycycline or tetracycline, please advise your doctor immediately.
3. We recommend a pain reliever to help ease cramping during the procedure. **Ibuprofen** (Advil, Motrin IB, etc.) 3 to 4 tablets (600 to 800 mg) by mouth 90 minutes before the test is helpful. Don’t take this medication if you are allergic to aspirin.
4. Eat lightly on the day of the HSG. Avoid eating or drinking within 2 hours of the x-ray.
5. Bring your **HSG referral** (the back of this form) with you on the day of the x-ray.
6. Results are available to your doctor one week after the x-ray. Arrange an appointment with your doctor to discuss your test results.



Phone: (732) 339-9300
Fax: (732) 339-9400
www.infertilitydocs.com

Please perform a hysterosalpingogram (HSG) on patient: _____

Diagnosis: N97.9 other _____

Date: ____/____/____

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