

CRINONE®—Progesterone to help your body achieve and maintain a pregnancy

#### **Indication and Usage**

CRINONE 8% (progesterone gel) is indicated for progesterone supplementation or replacement as part of an Assisted Reproductive Technology (ART) treatment for infertile women with progesterone deficiency.

Visit us at www.CrinoneUSA.com

Please see Important Safety Information on inside cover and Full Prescribing Information enclosed.



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#### **Important Safety Information**

The most common side effects of CRINONE 8% (progesterone gel) include breast enlargement, constipation, drowsiness, nausea, headache, and pain in the pubic area. You should not use CRINONE 8% if you have any disorders involving blockage of your blood vessels, or a history of these disorders, miscarriages, vaginal bleeding that hasn't been diagnosed, liver problems or disease, or known or possible cancer of the breast or genital organs. You should discontinue use of CRINONE 8% if any symptoms occur that signal a blockage of your blood vessels. There is no evidence that CRINONE 8% will work in preventing miscarriage. Your doctor should examine your breasts and pelvic organs, as well as perform a Pap smear prior to prescribing CRINONE 8%. If you have vaginal bleeding during treatment with CRINONE 8%, your doctor should look for the cause. If you have conditions that cause fluid retention, a history of depression, or diabetes, your doctor should provide special attention to your care while you are using CRINONE 8%.

Please see Full Prescribing Information enclosed.

# How your body prepares for pregnancy

Your menstrual cycle—your body's way of preparing for a possible pregnancy—can be broken down into two phases:

#### Phase 1: The follicular phase

This is the beginning of the menstrual cycle, the first day of your period. Menstrual bleeding means that the lining of your uterus (the endometrium) is being shed. During this time, one or more eggs begin to mature within the ovarian follicles and the endometrium begins to thicken. Ovulation occurs when the ovary releases a mature egg.

#### **Phase 2: The luteal phase**

In this phase, the corpus luteum—the empty ovarian follicle that remains after the egg is released—begins to produce progesterone. The progesterone helps prepare the endometrium to receive and nourish a fertilized egg (embryo). When an egg is fertilized by a sperm, the embryo travels down the fallopian tube to the uterus and attaches to the endometrium, a process called implantation. After implantation, progesterone helps maintain the pregnancy.

**Luteal Phase** 

Follicular Phase
Menstrual bleeding
occurs and one or
more eggs begin
to mature.

Ovulation occurs

The ovary releases a mature egg into the fallopian tube.

The ovary Progestero is produce preparing tuterus for potential programment.

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Pregnant

If the egg was fertilized, the embryo travels to the uterus and attaches to the endometrium.



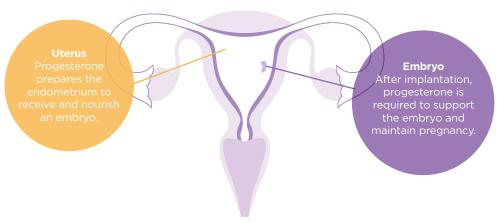
**Not Pregnant** 

If the egg was not fertilized, pregnancy did not occur and the menstrual cycle begins again.

## Progesterone is vital for pregnancy

Progesterone is called the pregnancy hormone because of the many roles it plays in preparing the uterus for pregnancy and maintaining the pregnancy once a fertilized egg has become implanted. Because of this, progesterone often plays a key role in Assisted Reproductive Technology (ART) treatment.

Your doctor may prescribe CRINONE® if your body is not producing enough progesterone on its own. CRINONE can be used for 10-12 weeks after pregnancy occurs, until the placenta is producing an adequate amount of progesterone.



#### **ART Treatment**

For women undergoing ART treatment, progesterone supplementation with CRINONE may increase the chance of pregnancy.

# The potential benefits of CRINONE®

#### The #1 prescribed vaginal progesterone

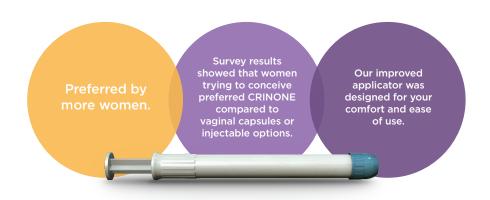
The once-daily gel delivers progesterone to help your body achieve and maintain a pregnancy.

#### A natural progesterone

CRINONE contains a plant-derived progesterone similar to what your body produces naturally. The unique gel is administered directly into the vagina, bonding to the vaginal walls, allowing it to be absorbed through the vaginal tissue to the uterus.

#### Helps increase your chance of pregnancy

As part of an ART treatment, the progesterone in CRINONE will help prepare the lining of your uterus so that it is ready to receive and nourish an embryo.



To learn more about CRINONE, please visit www.CrinoneUSA.com

# Frequently asked questions

#### What time of day should CRINONE® be administered?

If your health care provider has prescribed CRINONE once a day: It can be administered once daily each morning. For twice a day, it's recommended that you use CRINONE once in the morning and

#### Is clumping or discharge normal? Am I losing progesterone?

#### Some gel remains in the applicator following administration. Is this okay?

Yes. A small amount of gel will be left in the applicator after administration. This is normal; the

#### Is it common to experience some spotting?

#### Does CRINONE require special storage or handling care?

applicators may be easily carried in a handbag for use when you are away from home.

#### Can CRINONE be used at the same time as other vaginal therapies?

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## Additional patient resources

## **Fertility Authority**

women seeking fertility with fertility doctors.

### **RESOLVE: The National** Infertility Association

RESOLVE is a nonprofit organization that promotes reproductive health and ensures equal access to all family-building options.

#### **Society for Assisted Reproductive Technology**

to the practice of assisted



CRINONE can help increase your chances of pregnancy.

# Your Dream. Your Choice.

See all the reasons more doctors prescribe CRINONE at www.CrinoneUSA.com



